

ZRT Weight Management Profile

Price: \$295.00

Short Description

Identifies specific hormone imbalances associated with excess weight gain and obesity, including hypothyroidism. Aids in early detection of insulin resistance, metabolic syndrome, type 2 diabetes and certain heart conditions. Test also includes adrenal and sex hormones as well as vitamin D and TSH.

Includes:

- E2, Pg, T, DS & Cx4 (in saliva);
- TSH, Insulin, hbA1c, Vitamin D (in blood spot);

Optional Add-ons:

- thyroid hormones: fT3, fT4, TPOab (in blood spot);
- cardiometabolic: hsCRP, TG, CH, LDL, HDL & VLDL (in blood spot);

Description

The **Weight Management Profile** allows the identification of specific hormone imbalances associated with excess weight gain and obesity, vitamin D deficiency, and hypothyroidism.

There are two optional add-ons for the **Weight Management Profile** - see below for details.

The **Weight Management Profile** will assess these hormone levels for determining:

- hormonal imbalances that prevent you from sustaining a healthy target weight
- determine factors that contribute to increases in weight and weight retention
- and hormones directly contributing to obesity

In addition, choosing an add-on will provide a viable assessment for screening the potential risk for specific health conditions in the future. When used for screening, these

powerful early indicators can give you substantial advance notice to possibly avert

- Insulin Resistance
- Metabolic Syndrome
- Diabetes
- Certain heart conditions

The hormone test results of the **Weight Management Profile** provide a comprehensive report designed to help you and your health-care practitioner to:

- agree to effective treatments to rebalance hormone levels, resulting in easier management of weight
- address vitamin D and thyroid deficiencies
- reduce overall risk for metabolic syndrome
- potentially avoid the onset of type 2 diabetes

How is this "Weight Management" test different from any other?

These hormone test profiles are not for everyone. It is for those who may have a hormone imbalance. When you have a hormone imbalance, it will be a challenge to get the weight under your control. And once you do, it is a constant challenge to maintain it. You may have tried every possible diet, and you might even have had success for a period of time.

The missing link to weight control for those with hormone imbalance is knowing that it hasn't been you; it has been your hormones creating conditions outside of your control. Not everyone knows that hormones play a major factor in regulating weight, metabolism, and when and where the body stores fat. Armed with this information, your success can be achieved because you are in a position to start taking restorative measures that address the root cause of your problems. A simple, at-home test can now identify whether weight management efforts are silently being sabotaged.

Easy-to-Use Hormone Test Kits & Fast Turn-Around

These hormone test kit profiles are easy-to-use for the "at-home" collection of samples. You mail your collected samples to ZRT Lab using the enclosed pre-addressed and pre-paid mailing pouch.

Hormones collected and measured for the profile before add-ons:

Hormones in saliva:

- **E2:** Estradiol, a type of estrogen hormone
- **Pg:** Progesterone, a hormone involved in the menstrual cycle and pregnancy
- **T:** Testosterone, a male sex hormone also present in females
- **DS: DHEA-S** (Dehydroepiandrosterone sulfate), a hormone produced by the adrenal gland that is a precursor to sex hormones
- **Cx4: Cortisol x4:** A steroid hormone produced by the adrenal gland in response to stress. Sampled in saliva four times over a 24 hour cycle.

Substances in blood spot:

- **TSH:** Thyroid-stimulating hormone, a hormone produced by the pituitary gland that stimulates the thyroid gland to produce thyroid hormones
- **Insulin:** A hormone produced by the pancreas that regulates glucose metabolism
- **hbA1c:** Glycated hemoglobin, a measure of average blood glucose levels over the past 2-3 months
- **Vitamin D:** A hormone that helps regulate calcium and phosphorus absorption in the body.

Note that while vitamin D is often classified as a vitamin, it can also be considered a hormone because it is synthesized in the body and acts like a hormone.

Add-Ons

Thyroid Add-On:

Tests: fT3, fT4, TPOab (blood spot)

Cardio Add-On:

Tests: hsCRP, TG, CH, HDL, LDL, VLDL (blood spot)

Test Includes

Lab	
ZRT	Yes
Thyroid	
TSH	Yes
Adrenal	
DHEA-S	Yes
Diurnal 4X Cortisol	Yes

Reproductive	
Estradiol (E2)	Yes
Progesterone	Yes
Testosterone	Yes
Other Hormones	
Insulin	Yes
Sample Type	
Blood Spot	Yes
Saliva	Yes
Vitamins	
Vitamin D2	Yes
Vitamin D3	Yes
Proteins	
Hemoglobin A1c (HbA1c)	Yes