
ZRT Weight Management Profile (Core)



Price: \$295.00

Short Description

Identifies specific hormone imbalances associated with excess weight gain and obesity, including hypothyroidism. Aids in early detection of insulin resistance, metabolic syndrome, type 2 diabetes and certain heart conditions. Test also includes adrenal and sex hormones as well as vitamin D and TSH.

Description

The **Weight Management Core Profile** allows identification of specific hormone imbalances associated with excess weight gain and obesity, vitamin D deficiency, and hypothyroidism. There are **four versions** of the Weight Management Profile - see below for details.

The four **Weight Management Profiles** start with the same core hormone tests for determining:

- hormonal imbalances that prevent you from sustaining a healthy target weight
- determine factors that contribute to increases in weight and weight retention
- and hormones directly contributing to obesity

In addition, the four hormone Weight Management Profiles provide a viable assessment for screening the potential risk for specific health conditions in the future. When used for screening, these powerful early indicators can give you substantial advance notice to possibly avert

- Insulin Resistance
- Metabolic Syndrome
- Diabetes
- Certain heart conditions

The hormone **test results** of the Weight Management Profiles provide a comprehensive report designed to help you and your health-care practitioner to:

- agree to effective treatments to rebalance hormone levels, resulting in easier management of weight
- address vitamin D and thyroid deficiencies
- reduce overall risk for metabolic syndrome
- potentially avoid the onset of type 2 diabetes

How is this "Weight Management" test different from any other?

These hormone test profiles are not for everyone. It is for those who may have a hormone imbalance. When you have a hormone imbalance, it will be a challenge to get the weight under your control. And once you do, it is a constant challenge to maintain it. You may have tried every possible diet, and you might even have had success for a period of time.

The missing link to weight control for those with hormone imbalance is knowing that it hasn't been you; it has been your hormones creating conditions outside of your control. Not everyone knows that hormones play a major factor in regulating weight, metabolism, and when and where the body stores fat. Armed with this information, your success can be achieved because you are in a position to start taking restorative measures that address the root cause of your problems. A simple, at-home test can now identify whether weight management efforts are silently being sabotaged.

Easy-to-Use Hormone Test Kits & Fast Turn-Around

These hormone test kit profiles are easy-to-use for "at-home" collection of samples. You mail your collected samples to ZRT Lab using the enclosed pre-addressed and pre-paid mailing pouch.

Within 3-5 business days from the time you return the kit to the lab, you can view your

diagnostic hormone test results online at the ZRT Lab website using the sign-on information they email to you directly. Please look for the email in your inbox, or spam folder.

Here are the four Weight Management Profiles, available from ZRT. Click on each one to see more info. On test pages you can select "**Add to Compare**" to view the components of each side by side.

Weight Management Profiles

CORE TESTS common to all four profiles:

In blood spot:

Thyroid Stimulating Hormone (TSH), Vitamin D (D2 & D3), Insulin, Hemoglobin (HbA1c)

In saliva:

Reproductive hormones: Estradiol (E2), Progesterone, Testosterone
Adrenal hormones: DHEA-S, Diurnal 4x Cortisol

CORE-only test:

\$295

Additional Weight Management Focused Tests:

[Weight Management plus THYROID](#)

Same as core above, plus thyroid hormone tests (blood spot):

fT3, fT4, TPO

\$365

[Weight Management plus CARDIO](#)

Same as core above, plus cardio-metabolic health tests (blood spot):

High sensitive C-Reactive Protein (hs-CRP), Triglycerides, Cholesterols including LDL, VLDL, HDL and Total

\$365

[Weight Management plus THYROID & CARDIO](#)

Includes all of the above

\$435

Test Includes

Lab	
ZRT	Yes
Thyroid	
TSH	Yes
Adrenal	
DHEA-S	Yes
Diurnal 4X Cortisol	Yes
Reproductive	
Estradiol (E2)	Yes
Progesterone	Yes
Testosterone	Yes
Other Hormones	
Insulin	Yes
Sample Type	
Blood Spot	Yes
Saliva	Yes
Vitamins	
Vitamin D2	Yes
Vitamin D3	Yes
Proteins	
Hemoglobin A1c (HbA1c)	Yes