

# ZRT Basic Saliva Hormone Profile

**Price: \$135.00**

## **Short Description**

Tests the 3 major sex hormones estradiol, progesterone and testosterone, plus the adrenal hormones DHEA-S and cortisol (1x).

## **Description**

Hormones interact in complicated ways, but testing for them is easy. The **Canary Club Basic Saliva Hormone Profile** can help you understand how your hormones are functioning so you can feel better again.

## **Symptoms of Hormone Dysfunction**

- Fatigue
- Depression
- Infertility
- Weight gain or loss
- High blood pressure
- Sleep disorder
- Muscle and joint aches and pains
- Heat or cold intolerance
- Hair loss
- Water retention
- Menstrual irregularities
- Dry/brittle hair and nails
- Irregular bowel habits

**What does the Canary Club Basic Saliva Hormone Profile check**

**for?**

Canary Club Basic Saliva Hormone Profile checks your levels of adrenal and sex hormones. It provides an assessment of your reproductive and adrenal hormones. Hormonal symptoms often overlap with one another so a fundamental evaluation of your overall hormonal profile is critical in diagnosing the core issues.

*This test includes:*

**Reproductive hormones:** estradiol (E2), progesterone, testosterone

**Adrenal hormones:** DHEA-S and one morning cortisol for stress levels.

Samples taken in saliva (no blood spot).

For more thorough cortisol testing, see our [Advanced Saliva Hormone Panel](#), which includes the same hormones - plus 4 cortisol tests to take throughout the day. This provides a full day assessment of your overall adrenal stress levels.

The lab will email you within 3-5 business days after they receive the samples for on-line access to your results.

### **Test Includes**

Lab	
ZRT	Yes
Adrenal	
Cortisol	Yes (1 sample)
DHEA-S	Yes
Reproductive	
Estradiol (E2)	Yes
Progesterone	Yes
Testosterone	Yes
Sample Type	
Saliva	Yes