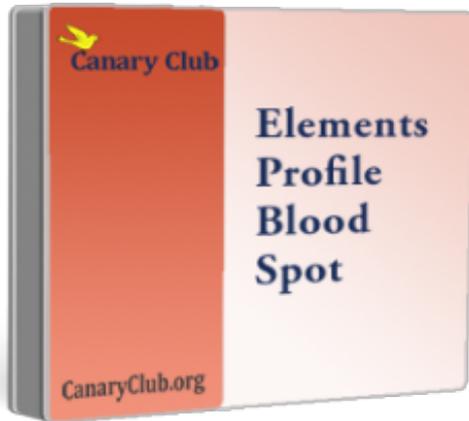

ZRT Elements Profile Blood Spot



Price: \$121.00

Short Description

Measures the toxic heavy metals cadmium, lead, and mercury, as well as essential nutrients zinc, copper, selenium and magnesium. This test does NOT include: iodine, bromine, arsenic or creatinine. Blood spot only.

Description

Environmental pollutants are all around us - in the air we breathe, the water we drink, the food we eat and in materials we touch.

These pollutants can significantly increase our risk of developing conditions like dementia, infertility, diabetes and cancer. They are also known to cause damage to the liver, kidneys, and brain, as well as the cardiovascular, nervous and endocrine systems.

In excess, and when persistent, they can affect the synthesis and actions of hormones essential for managing our general health.

Essential elements, overall, are only healthy when they are within optimal ranges. Levels too low or too high can have detrimental effects on health. Therefore, it's important to know if essential or toxic elements are outside their optimal ranges.

People who will benefit from elements testing include those who:

- Are exposed to heavy metals through work, hobbies or dentistry
- Live in older homes or areas where metals may be present in drinking water
- Have thyroid-related health issues
- Have health issues that could result from nutritional deficiencies or imbalances of essential elements

This blood spot profile measures: Zinc, Copper, Magnesium, Cadmium, Lead, Mercury and Selenium.

This test does NOT include: iodine, bromine, lithium, arsenic or creatinine.

For more comprehensive testing, please see our other Elements tests:

[Comprehensive Elements:](#)

Zinc, Copper, Magnesium, Cadmium, Lead, Mercury and Selenium (blood spot)

Iodine, Bromine, Selenium, Lithium, Arsenic, Cadmium, Mercury, Creatinine (dried urine)

[Comprehensive Elements + Thyroid:](#)

Elements: Iodine, Bromine, Cadmium, Selenium, Lithium, Arsenic, Creatinine and

Mercury. Tested in dried urine.

Thyroid: TSH, fT3, fT4, TPO, Total T4, Thyroglobulin. Tested in blood spot.

Test Includes

Lab	
ZRT	Yes
Elements	
Cadmium	Yes
Copper	Yes
Lead	Yes

Magnesium	Yes
Mercury	Yes
Selenium	Yes
Zinc	Yes
Sample Type	
Blood Spot	Yes