

# ZRT Adrenal Metabolite Profile

**Price: \$205.00**

## **Short Description**

Consider this test if you have recently shown normal-range saliva cortisol levels yet still experience symptoms of adrenal dysfunction such as chronic anxiety, sleep issues, irregular heart rate, and abnormal blood pressure. The collection is done four times throughout the day, in dried urine. This test deeply investigates the production and processing of the stress hormone cortisol. It can indicate the health of the adrenal glands as well as how far-reaching chronic stress is affecting the body physically, down to the tissue level.

## **Description**

This test deeply investigates the production and processing of the stress hormone cortisol. It can indicate health of the adrenal glands as well as how far reaching chronic stress is affecting the body physically, down to the tissue level. This panel includes DHEA test, to further assess adrenal health. You will want to consider this test if you have recently shown normal range saliva cortisol levels but still experience symptoms of adrenal dysfunction such as chronic anxiety, sleep issues, irregular heart rate and abnormal blood pressure. Collection is done at four times throughout a day, getting a full daily cycle reading.

Testing hormone metabolites give us deeper understanding of the hormone activity in our bodies. Not only can we see how much of each hormone is being produced, but also how the body is processing each of them.

Dried urine is the most effective way to measure the presence of metabolites in, and being eliminated from, the body. Our easy to use, at home kits make testing accessible and convenient, especially with this test that requires samples to be collected at four different times in one day.

### Test Includes

Lab	
ZRT	Yes
Sample Type	
Dried Urine	Yes
Androgens	
5a-Dihydrotestosterone (5a-DHT)	Yes
DHEA (D)	Yes
Glucocorticoids	
Free Cortisol x4 (FC X4)	Yes
Tetrahydrocortisol (ThC)	Yes
Tetrahydrocortisone (ThCn)	Yes
Total Cortisol (TC)	Yes
Total Cortisone (TCn)	Yes