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# ZRT LCMS Saliva Steroid Profile 23

**Price: \$389.00** 

## **Short Description**

LC-MS/MS measures the levels of 23 endogenous steroid hormones including estrogens, progestogens, androgens, glucocorticoids, and mineralocorticoids. (See Description for Complete List of tests included).

## **Description**

## ZRT LCMS Saliva Steroid & Steroid Synthesis Inhibitor Profile

ZRT Laboratory now offers a comprehensive LC-MS/MS saliva assay that measures the levels of 23 endogenous steroid hormones including estrogens, progestogens, androgens, glucocorticoids, and mineralocorticoids. In addition to endogenous hormones, the new assay quantifies the level of melatonin and the synthetic estrogen ethinyl estradiol, present in most birth control formulations, as well as several synthetic aromatase inhibitors (anastrozole and letrozole) and the 5?-reductase inhibitor finasteride.

The LC-MS/MS assay expands beyond the 5-steroid panel of parent hormones (estradiol, progesterone, testosterone, DHEAS, and cortisol) currently tested by immunoassay (IA) at ZRT Laboratory. Testing the levels of both upstream precursors and downstream metabolites of these parent active steroids, listed above and shown in the diagram on the next page, will help determine which steroid synthesis enzymes are low, overactive, blocked by natural or pharmaceutical inhibitors, or defective due to metabolic dysfunctions (e.g., Polycystic Ovarian Syndrome (PCOS), Premenstrual Dysphoric Disorder (PMDD), luteal dysfunction, overexpression of aromatase, and estrogen dominance) and inborn errors of metabolism such as Congenital Adrenal Hyperplasia (CAH)

Hormones and Hormone Synthesis Inhibitors Tested by LC-MS/MS in Saliva Estrogens

These include the endogenous estrogens estradiol, estrone, and estriol, plus the synthetic estrogen ethinyl estradiol (EE). Estradiol is the most potent of the endogenous estrogens, being 5 and 10 times more potent than estrone and estriol, respectively, in its activation of cellular estrogen receptors. EE, a synthetic steroid present in most oral steroidal birth control formulations, is a highly potent estrogen mimetic that is about 2x more potent than estradiol in activating cellular estrogen receptors, which is why only very low concentrations are needed for it to elicit profound potentially adverse hyper-estrogenic effects. Additionally, EE induces lower ovarian synthesis and bioavailability of endogenous estradiol.

#### All Tests Included:

Estrogens Estradiol (E2), Estriol (E3), Estrone (E1), Ethinyl Estradiol (EE) Progestogen Precursors and Metabolites Pregnenolone Sulfate (PregS), Progesterone (Pg), Allopregnenolone (AlloP), 17-OH Progesterone (17OHPg), Androgen Precursors and Metabolites Androstenedione (Adione), Testosterone (T), Dihydrotestosterone (DHT), DHEA (D), DHEA-S (DS), 7-Keto DHEA (7keto), Glucocorticoid Precursors and Metabolites 11-Deoxycortisol (11DC), Cortisol (C), Cortisone (Cn), Mineralocorticoid Precursors and Metabolites Corticosterone (Ccn), Aldosterone (Ald), Other Melatonin (Mel) Steroid Synthesis Inhibitors Anastrozole (ANZ), Finasteride (FIN), Letrozole (LTZ).

### **Test Includes**

Lab	
ZRT	
Adrenal	
Cortisol	
DHEA-S	
DHEA-S	
Reproductive	
Estradiol (E2)	
Estriol (E3)	
Estrone (E1)	
Testosterone	
Progestogens	
Allopregnanolone (AlloP)	
Androgens	
Androstenedione (Adione)	