

ZRT Wellness Metrics Profile

Price: \$295.00

Short Description

The Wellness Metrics Profile identifies specific imbalances of one or more hormones that govern key aspects of our health, contributing to immunity, mood changes, energy, libido, altered metabolism, increased body fat deposition, and food/sugar cravings, and includes tests identifying increased risks for cardiometabolic disease and diabetes.

The optional add-ons give a fuller picture when there are thyroid issues or symptoms of insulin resistance/metabolic syndrome.

Includes:

- E2, Pg, T, DS & Cx4 (in saliva);
- TSH, Insulin, hbA1c, Vitamin D (in blood spot);

Optional:

- **thyroid hormones:** fT3, fT4, TPOab (in blood spot);
- **cardiometabolic:** hsCRP, TG, CH, LDL, HDL & VLDL (in blood spot);

Description

ZRT Wellness Metrics Hormone Profile

The adrenal, thyroid, and sex hormones work in concert with each other to maintain a state of balance in the body. When one or more hormones are outside optimal ranges, this affects the harmony of the whole system.

The Wellness Metrics Profile identifies specific imbalances of one or more hormones that govern key aspects of our health, contributing to immunity, mood changes, energy, libido, altered metabolism, increased body fat deposition, and food/sugar cravings, and includes tests identifying increased risks for cardiometabolic disease and diabetes.

The optional add-ons give a fuller picture when there are thyroid issues or symptoms of insulin resistance/metabolic syndrome.

The comprehensive test report is designed to help your clinician recommend effective treatments to rebalance sex hormone and adrenal hormone levels, address vitamin D and thyroid deficiencies, reduce overall risk for metabolic syndrome, and potentially avoid the onset of type 2 diabetes and other chronic diseases.

Who Benefits from Wellness Metrics Profile Testing?

Individuals with:

- Excessive fatigue
- Weight gain, especially in the waist (belly fat)
- Sugar cravings
- Chronic stress
- Low sex drive

Women with:

- Premenopausal symptoms of estrogen excess or progesterone deficiency
- Menstrual bleeding abnormalities
- Infertility
- Excessive facial/body hair
- Menopausal symptoms
- Hair loss
- PCOS

What is in the Profile?

Includes:

- E2, Pg, T, DS & Cx4 (in saliva);
- TSH, Insulin, hbA1c, Vitamin D (in blood spot);

Optional:

- **thyroid hormones:** ft3, ft4, TPOab (in blood spot);
- **cardiometabolic:** hsCRP, TG, CH, LDL, HDL & VLDL (in blood spot);

Add-Ons

Optional **add-ons** available for the **ZRT Wellness Metrics Profile**:

add **Thyroid Hormones** (Blood Spot) \$85.00 - ft3, ft4, TPOab

add **CardioMetabolic** (Blood Spot) - \$85.00 - hsCRP, TG, CH, LDL, HDL, VLDL

Questions?

Do you have any questions? Please visit our [FAQs](#) (Frequently Asked Questions) page

- shipping fees,
- how to collect your sample,
- how to view your test results & follow-up,
- and more.

Test Includes

Thyroid	
TSH	Yes
Adrenal	
DHEA-S	Yes
Diurnal 4X Cortisol	Yes
Reproductive	
Estradiol (E2)	Yes
Progesterone	Yes
Testosterone	Yes

Other Hormones	
Insulin	Yes
Vitamin D	Yes
Sample Type	
Blood Spot	Yes
Saliva	Yes
Proteins	
Hemoglobin A1c (HbA1c)	Yes