

ZRT Elite Athlete Metrics Profile

Price: \$349.00

Short Description

Includes:

- E2, Pg, T, DS & Cx4 (in saliva);
- TSH, fT3, fT4, TPOab, & Vitamin D (in blood spot);

Optional:

- Insulin, HbA1c hsCRP, TG, CH, LDL, HDL, VLDL, LH (in blood spot);

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The balance of hormones is essential for all aspects of human health and the same plays true for athletes. Whether you are a beginner working on getting into shape and losing weight, or a seasoned veteran with many competitions under your belt, understanding your hormones and how they change with intense exercise is essential to getting as much as possible out of your training. ZRT Laboratory is launching 2 new kits that will enable athletes to track their hormones and help them better understand the changes happening to their body.

Now more than ever, the importance of assessing wellness is

becoming recognized as central to our ability both to fend off infectious diseases and to protect against future chronic illnesses.

Hormones play an important role in athletic performance. The Elite Athlete Metrics Profile allows identification of hormone imbalances or vitamin D deficiency that can affect performance, increase injury risk, or prevent an athlete from competing at their highest level. It is best to start with a baseline before rigorous training begins and to track hormones throughout a training regimen to look for big changes that can indicate problems and to make sure that hormones are optimally balanced right before a competition.

Add-Ons

The Following is an Available Add-on to the ZRT Elite Athlete Metrics Profile:

add Insulin (Blood Spot) \$135: HbA1c hsCRP, TG, CH, LDL, HDL, VLDL, LH

Test Includes

Thyroid	
ft3	Yes
ft4	Yes
TPO	Yes
TSH	Yes
Adrenal	
DHEA-S	Yes
Diurnal 4X Cortisol	Yes
Reproductive	
Estradiol (E2)	Yes
Progesterone	Yes
Testosterone	Yes
Other Hormones	
Vitamin D	Yes